

## The public's views on Guernsey's food system

## What we did?

We went to the West and Nort Show with a public friendly version of our food system map...



...and asked people's views on the system and to write down what could a variety or settings, places and organisations do better to help us all to eat healthier. People could share as many ideas as they liked.

If you would like to see both versions of the map see links below:

Public friendly version map

Complete food system map

## What did we find?

The public shared 245 views across 4 full days

Majority of views came from parents/carers

24% of suggestions said that **Schools could...** 

- Provide fruit and veg snacks at breaks and breakfast clubs
- Improve school luches
- Improve their food education
- · Better their food and nutrition practices



22% of suggestions said that **Shops could...** 

- Increase promotions on healthier options STORE
- Stock more local and seasonal veg & fruit
- Change store layouts to help healthier food purchasing



19% of suggestions said that **Government could...** 

- · Make healthy food affordable
- Disincentivise unhealthier foods (tax unhealthy food)
- Improve public access to fruit & veg
- Support local growing and cooking



19% of suggestions said that **Restaurants & Cafes could...** 

- Include more veg on menus/meals
- Provide better children's options
- Make healthier meals cheaper than less healthy
- Buy more from local growers



16% of suggestions said that Workplaces, growers & sport settings could...

- Provide free fruit for snacking and replace unhealthier options
- Contribute more local produce
- Replace unhealthy foods provided to children at sporting events

